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## LISTING OF CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Claims 1-41 (Canceled)

(New) A nasal irrigation solution comprising:

water:

soluble zinc acetate:

alkaloids extracted from goldenseal plant; and

an extract of grapefruit seed in a concentration of about 0.0001 ml to about 0.002 ml per ml of solution.

- 43. (New) The nasal irrigation solution of claim 42 wherein the alkaloids extracted from the goldenseal plant comprise at least hydrastine.
- 44. (New) The nasal irrigation solution of claim 42 further comprising vegetable glycerine.
- 45. (New) The nasal irrigation solution of claim 42 further comprising salt.
- 46. (New) The nasal irrigation solution of claim 42 wherein the soluble zinc is zinc acetate dihydrate.
- 47. (New) The nasal irrigation solution of claim 42 wherein the zinc acetate is in the range of about 2 to about 12 mg/ml.

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48. (New) A nasal irrigation solution, comprising:

a mixture of water with soluble zinc acetate in the range of about 2 to 12 g/l, said zinc acetate being dissolved into the water to provide an aqueous zinc solution for administering as a nasal irrigation medium:

one or more preservatives comprising compounds extracted from grapefruit seed; and alkaloids extracted from goldenseal plant.

- 49. (New) The nasal irrigation solution of claim 48 wherein the alkaloids extracted from the goldenseal plant comprises at least hydrastine.
- 50. (New) The nasal irrigation solution of Claim 48, wherein the concentration of grapefruit seed extract is about 0.0001 ml to about 0.002 ml per ml of solution.
- 51. (New) The nasal irrigation solution of claim 48 further comprising vegetable glycerine.
- 52. (New) The nasal irrigation solution of claim 48 further comprising salt.
- 53. (New) The nasal irrigation solution of claim 48 wherein the soluble zinc is zinc acetate dihydrate.